

## Minutes of Pembroke Log Cabin Quilters

February 21, 2023

1. Mary-Ann Vanner called the meeting to order at 7.05 pm. 28 were in attendance in-person and thirteen (13) were in attendance on zoom. Because of the inclement weather, it was decided that there would be no break at this meeting.
2. Mary-Ann introduced Helen McGreggor who would be presenting her trunk show.
3. Helen McGreggor - Trunk Show – Embroidery, Applique Quilting

Helen began her show by thanking Wendy Henderson and Faith Van Dam for inviting her to do a trunk show. It forced her to get organized by putting labels and dates on her quilts. Helen was born and raised in the Pembroke area and is proud to say that she is a Valley Girl! She feels that she has been sewing all of her life. She started at the age of 5 when she wanted clothes for her dolls. Her mother placed a featherweight sewing machine on the kitchen table and taught her how to make doll clothes. Helen had her doll Madeline model an outfit she made for her at the age of 7. She sewed a funky pair of bell bottom slacks at the age of 10 – they were brown corduroy and they were fabulous!

Helen began taking classes at Algonquin Sewing Centre where she was introduced to the “Tulips in the Park” hand applique quilt. It was then that she became hooked on quilting! Eventually, she began working at Algonquin. In 2005, she joined the guild and learned so much! Helen will always consider herself a beginner because there is always something new to learn. She proceeded to show her quilts:

- A small quilt done 20 years ago as a basket liner for her mom;
- Machine Applique Christmas/Winter Quilt;
- Wild Flowers (Smith’s Creek Design Pattern);
- 3 small items showing the “double diamond ruler” technique
- English Paper Piecing Quilt of the Mariner’s Compass done in 2010 or 2012; she embellished this with machine embroidery; she likes texture as well as quilts that tell a story;
- Felting/Embroidery Combination Quilt;
- Embroidery Chalkboard Quilt – using chalk paint on fabric;
- Snowflake Valance on a screen;
- Embroidery with 3-D flowers – she calls it Midnight Boudoir and it is her own design;
- “Love” table runner – quilted and embroidery applique;
- Pumpkin Wreath Quilt with embroidered border;
- Claudia’s Creation Snowman Quilt – “Snowmen fall from Heaven one flake at a time...”
- Showman Wall Hanging – created her own background; Helen encouraged us not to be locked into “quilt fabric” but to experiment with other kinds of fabric or mediums;
- “A Day at the Zoo” (Smith Creek Design Pattern) – uses a variety of colours, fabric and textures – she quilted it herself;
- Fabulous Flowers Quilt – used a lot of machine-sewing techniques (including machine applique) that were fun!
- Down on the Farm
- Her first embroidered quilt top which she made in 2008-2009 – Sam Teather quilted it in 2018; Helen has this quilt on her living room couch;

- Midnight Meow Wall Hanging – Helen created the background and the pussy cats; Her cat “Lily” can be seen on her quilt label;
- A series of smaller quilts:
  - Christmas Table Runner – machine embroidered applique
  - Christmas Table Topper with a wreath in the center
  - Small quilting Samples

In Closing, Helen provided this sage advice: “Sew what you love...love what you sew...let that ten year old child out and be fearless!”

4. Faith is on retreat so Mary-Ann stated that she was collecting charity quilt blocks. There is a Sew Day on Saturday. Please let Faith know if you would like to attend. Her email is: [fvandam82@gmail.com](mailto:fvandam82@gmail.com)
5. Wendy spoke about the Guild Retreat which is taking place at Silver Threads from March 31 to April 2. There will be a limit of 20 people. You can register at the store or contact Wendy. The Barn Quilt Workshop is taking place in March. There is a limit of 14. Faith had 12 people who were interested and Wendy had 6. Faith and Wendy will reach out to each other to see if they have duplicates on their lists.
6. Mary-Ann asked if anyone had news they wanted to share. No one came forward.
7. Tip of the Month – Dawna Steele – If you are using flannel it is wise to wash it twice before you use it because it shrinks.
8. Notions of the Month – Cynthia Bell
  - Glue and Residue Eraser – found at the Dollar Store – can be used to clean cutting boards
  - A device that utilizes old rotary cutter blades to cut threads when chain sewing – Cynthia got this from Missouri Star but she is looking into purchasing these for the store
9. Library News – Connie Daiken – Connie shared a number of books about scrappy quilting
10. 50/50 Draw - Margaret LaCroix – Winner: Michelle Bugden
11. Show and Tell Winners: Vicky Kelly and Suzette Begin
12. Some people mentioned that they were not receiving their newsletters: Lynne Kelly; Tina Shorter; Alanna Cooke; Erin Harvey – Monica will look into what the problem is.
13. The meeting ended at 8:25.